

# Halloween Candy Carb Count

Here's a list of some common Halloween candies to help manage your sweet tooth and the Halloween season.

Candy	Size/Package	Carbs (g)	Candy	Size/Package	Carbs (g)
3 Musketeers	16 gram fun-sized bar	12g	M&M's, peanut	1.74 oz. Bag	30g
3 Musketeers	2.13 oz. Bar	46g	M&M's, peanut butter	1.69 oz. Bag	27g
Baby Ruth	2 oz. Bar	37g	Milky Way	2.15 oz. Bar	43g
Baby Ruth	1 fun size	17g	Milky Way fun-sized bar 14g	fun-sized bar	14g
Blow Pop sucker	One sucker	13g	Nestle's Crunch	1.5 oz.	28g
Butterfinger	2 oz. Bar	41g	Nestle's Crunch	4 mini bars	26g
Butterfinger	22 gram fun-sized bar	15g	Reese's Cups	2 regular-sized 1 oz. cups	18g
Candy corn	15 pieces	15g	Reese's mini cups	4 1 oz. mini cups	16g
Dum Dum suckers	One sucker	5g	Skittles	15 pieces	15g
Gummy Bears	11 pieces	30g	Skittles	mini pack	17.5g
Heath Bar	1.4 oz. Bar	25g	Snickers	fun size	12g
Hershey's Almond	3 minis	15g	Snickers	2.07 oz. Bar	36g
Hershey's Almond	1.45 oz. Bar	20g	Snickers	20-gram fun-sized bar	12g
Hershey's Kisses	6 pieces	16g	Starburst	4 pieces	16g
Hershey's Milk Chocolate bar	snack size	10g	Sweet Tarts	mini packs - 5 packs	13g
Jolly Rancher	1 piece	6g	Tootsie Pop	1 pop	16g
Kit Kat bar	3 piece bar	10g	Tootsie Roll midgets	12	30g
Kit Kat	1.5 oz. Package	26g	Tootsie Rolls	2 bars	23g
Licorice	3 6-inch Twizzlers	15g	Twix	2 2 oz. Cookies	37g
M&M's	"Halloween" mini box	10g	Warheads	5	13g
M&M's, plain	mini pack	15g	Whoppers'	8 pieces	15g
M&M's, plain	1.69 oz. Bag	34g	Whoppers'	1 small pouch	16g
M&M's, peanut	mini pack	13g	Wonka Pixie Stix	Each (about 6 inches in length)	2g